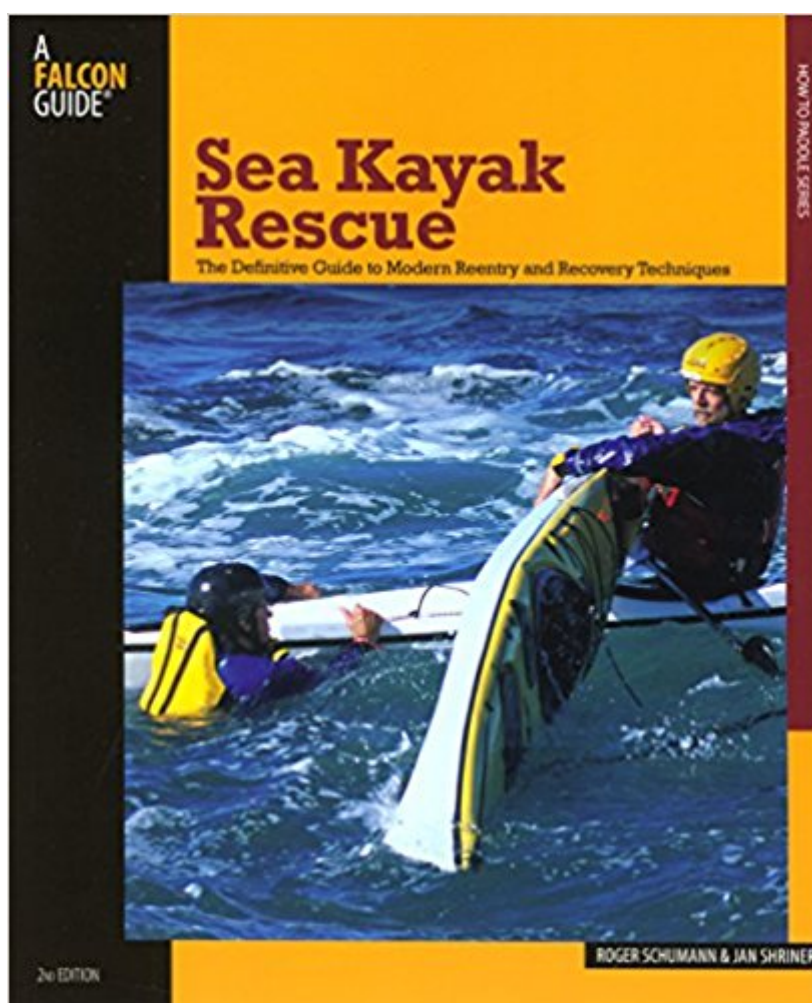


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# Sea Kayak Rescue: The Definitive Guide To Modern Reentry And Recovery Techniques (How To Paddle Series)



## Synopsis

This book is a comprehensive course in all the techniques of sea kayak rescue for beginning, intermediate, and advanced paddlers. Step-by-step photos illustrate the many ways to right a swamped or capsized boat and safely reenter the kayak. Covering both self-rescues and assisted-rescues, this manual provides additional information on towing disabled boats and rescuing swimmers.

## Book Information

Series: How to Paddle Series

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## Customer Reviews

"From braces to bow rescues, Schumann and Shriner detail everything you need to know about rescuing yourself when things go awry on the water. This book belongs in your rescue pack every bit as much as a PFD, first-aid kit, and paddlefloat."--Paddler Magazine

The nimble sea kayak is inherently unstable - so it's just a matter of time before you find yourself swimming in the water. Your ability to right the kayak and reenter it quickly and easily can spell the difference between a dunk and a disaster. Expert instructors Roger Schumann and Jan Shriner show the full range of capsize recovery techniques, suitable for beginners and experts alike. From the basic Paddlefloat Self-Rescue and T Rescue to the more advanced Kayak Rolls, this manual includes every technique you will ever need to get yourself - and others - back into a kayak in all sea conditions. Numerous step-by-step photos, detailed explanations, and real-life rescue stories make this book an invaluable resource.

As an ACA Coastal Kayak Instructor, I am always searching for new and improved rescue/recovery/re-entry techniques. Having taught hundreds of paddlers, I've found that if one technique isn't working, it's vital to have alternatives. I saw co-author Jan Shriner demonstrate almost all of the rescues taught in this book at a pool session using local paddlers as "rescuees". I was totally impressed: effective and efficient! This book has clearly written descriptions and photos that give you the close-up detail to understand what's critical. I recommend you read, then practice close to shore with a trusted buddy [or take a class], then read again to highlight what you need to work on. Keep practicing to fine-tune. It's my favorite reference for intermediate to advanced sea kayakers. A caveat: I'll pass on a student's comment: "it sure is easier to figure out on the water with an instructor." It was easier for me to follow because I had seen the author in person. This is bed-time reading for me pre-season when I want to brush up on technique.

Excellent book. Not only does it describe a number of rescue techniques with step-by-step instructions, but also good exercises and drills. What was never introduced in my ACA classes (and should have been) is covered here.

I took a rescue class from the author some years back, and I found this a useful book for reviewing all the important basics. It's well illustrated enough that you could figure stuff out just from the book, but you'll still want to go out and practice! Highly recommend this as a starting point, though. It contains all the rescues you're ever likely to need.

Great overview of various self rescue techniques with long kayaks (touring and sea kayaks).

Excellent book by Roger. Worth the time spend reading. I get out and paddle quite a bit and Roger's book has given me more confidence to explore!

Roger is a well-respected instructor and does a great job in this book teaching recovery techniques that work in rough water.

Keeps it basic and simple. I don't intend to do a lot of hard rough water but I do want to feel safe in my kayak. This gives simple instructions for basic moves.

Bought this book for my son for which I gave him my kayak. He like to read and hope this info will be able to be safe in the water.

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